**CHRISTMAS STOCKINGS WISH LIST FLYER**

**BRING CHEER TO OUR WOUNDED WARRIORS**

#1 **DONATE GOODIES & GADGETS TO STUFF A STOCKING FOR A WOUNDED WARRIOR!**

- Gift Cards: ITunes; Wal-Mart; Amazon; VISA; Fred Meyer; Movies; Restaurants
- Telescoping back scratcher
- Fruit Snacks
- Adult Winter Gloves
- Warm Winter Socks

#2 **GIFT CARDS FOR GROCERIES (THANKSGIVING/CHRISTMAS)**

A gift card for groceries (Safeway, Wal-Mart, Fred Meyer, etc.) allows a military family to purchase their favorite items so they can enjoy their holiday traditions, bringing some of the comforts of home to them and letting them know that they are **not alone**. It sends a HUGE message of comfort to the Wounded Warriors and their families too!

#3 **MONETARY DONATIONS** Heartbeat will shop on your behalf

The holidays are a difficult and lonely time for Wounded Warriors and their families when they have loved ones far away. **Please deliver “Goodies & Gadgets” to drop off locations by December 1st**

For more information please contact: Helen Smythe, Project/Event Manager:

Helen@heartbeatforwarriors.org 425-417-3583

**WE DO NOT NEED STOCKINGS, ONLY ITEMS LISTED ABOVE. Our beautiful stockings are handmade by PROJECT LINUS/EVERETT. If you have a group that would like to fill multiple stockings please let us know we will get the stockings to you!!**

For drop off locations, or to make online donations, visit www.heartbeatforwarriors.org.

Gift cards and monetary donations may be mailed to Heartbeat, P.O. Box 704, Snohomish, WA 98291.

**Supporting our Wounded Warriors and their Families.**

Please help us tell these families how much we care and appreciate their sacrifice.

**Thank You!**

"At Heartbeat, we provide emergency assistance, morale building, and innovative therapeutic services for wounded warriors."

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