



# **CHRISTMAS STOCKINGS WISH LIST FLYER BRING CHEER TO OUR WOUNDED WARRIORS**



## **#1 DONATE GOODIES & GADGETS TO STUFF A STOCKING FOR A WOUNDED WARRIOR!**

Gift Cards: iTunes; Wal-Mart; Amazon; VISA; Fred Meyer; Movies; Restaurants  
Telescoping back scratcher  
Fruit Snacks  
Adult Winter Gloves  
Warm Winter Socks



## **#2 GIFT CARDS FOR GROCERIES (THANKSGIVING/CHRISTMAS)**

A gift card for groceries (Safeway, Wal-Mart, Fred Meyer, etc.) allows a military family to purchase their favorite items so they can enjoy their holiday traditions, bringing some of the comforts of home to them and letting them know that they **are not alone**. It sends a HUGE message of comfort to the Wounded Warriors and their families too!

## **#3 MONETARY DONATIONS Heartbeat will shop on your behalf**

The holidays are a difficult and lonely time for Wounded Warriors and their families when they have loved ones far away.

Please deliver **“Goodies & Gadgets”** to drop off locations by **December 1<sup>st</sup>**

For more information please contact: Helen Smythe, Project/Event Manager:

[Helen@heartbeatforwarriors.org](mailto:Helen@heartbeatforwarriors.org) 425-417-3583

**WE DO NOT NEED STOCKINGS, ONLY ITEMS LISTED ABOVE. Our beautiful stockings are handmade by PROJECT LINUS/EVERETT. If you have a group that would like to fill multiple stockings please let us know we will get the stockings to you!!**

For drop off locations, or to make online donations, visit [www.heartbeatforwarriors.org](http://www.heartbeatforwarriors.org).

Gift cards and monetary donations may be mailed to **Heartbeat, P.O. Box 704, Snohomish, WA 98291.**

## **Supporting our Wounded Warriors and their Families.**

**Please help us tell these families how much we care and appreciate their sacrifice.**

**Thank You!**

**“At Heartbeat, we provide emergency assistance, morale building, and innovative therapeutic services for wounded warriors.”**