



For Heartbeat's **Christmas Stocking** program, Project Linus donates large, beautiful, homemade stockings to be filled. Volunteers fill the stockings with "goodies and gadgets" donated by the community and are then delivered to wounded warriors in different units.



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A 501c3 Non-Profit Organization

Heartbeat Serving Wounded Warriors®

Let the healing begin ...®

Christmas Stocking Program



Christmas Stocking

Christmas is a perfect time to let wounded warriors know how much you recognize their daily sacrifices. It means a lot to them. Heartbeat's Christmas Stocking program can help.

Heartbeat Serving Wounded Warriors hosts a large Christmas party where volunteers present stockings to the many wounded warriors.

For those service members who can't attend, Heartbeat delivers! We make Christmas stockings for the wounded in the Warrior Transition Battalion (WTB), Madigan Army Medical Center, and other units.



One warrior, who had recently returned from Iraq, shared how much it meant. With tears in his eyes he said, "Thank you for not forgetting us."

Every year, Heartbeat asks individuals and organizations to deliver stocking-stuffer donations to one of our convenient drop-off locations.

One business has chosen to get everyone in their offices involved by putting together an

encouragement to give and raise the bar for goodies and gadgets to go into our Christmas stockings for our wounded warriors. You might want to use this as a model for your community! No amount is too small or too large.



These are not your ordinary stockings. These are huge handmade stockings (by Everett Project Linus Group). As noted we only need goodies and gadgets for Men for the stockings as our elves generously and wonderfully fill to overflowing our stockings for Women.

Donors can also mail items and monetary donations to Heartbeat. Our volunteers get together to stuff and decorate the Christmas stockings with your generous donations for our heroes.

Below is a list of needed items:

#1 DONATE GOODIES & GADGETS TO STUFF A STOCKING FOR A WOUNDED WARRIOR!

- Gift Cards: iTunes; Movies; Wal-Mart; VISA; Amazon; Fred Meyer; Restaurant
- Adult Winter Gloves
- Telescoping back scratcher
- Fruit Snacks



#2 GIFT CARDS FOR GROCERIES (THANKSGIVING/CHRISTMAS)

A gift card for groceries (Safeway, Wal-Mart, Fred Meyer) allows a military family to purchase their favorite items so they can enjoy their holiday traditions, bringing some of the comforts of home to them and letting them

know that they are not alone. It sends a HUGE message of comfort to the Wounded Warriors and their families too!

#3 MONETARY DONATIONS

Heartbeat will shop on your behalf. The holidays are a difficult and lonely time for Wounded Warriors and their families when they have loved ones far away.

For drop off locations, or to make online donations, visit www.heartbeatforwarriors.org.

Please contact Helen Smythe 425-417-3583 before dropping off at any location.

**For more information please contact:
Helen Smythe, Project/Event Coordinator
Helen@heartbeatforwarriors.org
425-417-3583**

Gift cards and monetary donations may be mailed:

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Please help us tell these brave men and women how much we care and appreciate their sacrifice and service to our great country.