

SADDLE UP



**SERVING WOUNDED
WARRIOR DISABLED /
SPECIAL NEEDS
CHILDREN**

*If you are a Special Needs or Disabled child of a
Wounded/Injured Warrior then Equine Therapeutic
Riding might be right for you!*

*Disabilities That Can Be helped with Equine Therapeutic
Riding:*

*ADD/ADHD
Autism
Cerebral Palsy
Developmentally Delayed
Downs Syndrome
Emotional Disability
Eye Disorder
Head Injury
Learning Disability
Multiple Sclerosis
Speech Disorders
Stroke
Traumatic Brain Injury
Emotional Trauma*

We would love to serve you with this amazing program!

*THIS PROGRAM IS PAID FOR
BY HEARTBEAT
AND IS
FREE
TO QUALIFIED WOUNDED WARRIORS.*

*THANK YOU TO ALL WHO HAVE DONATED
TO SUPPORT HEARTBEAT,*

BITS KIDS

AND THE CORE TEAM :

*Janice Buckley
Founder/President Heartbeat Serving Wounded
Warriors®*

*Kristy Dees
PATH Instructor,
Level II Centered Riding Instructor,
CPC- Certified Peer Counselor
for Mental Health Support*

*Chelsea Johnson
PATH Instructor in Training,
Certified Peer Counselor for Mental Health Support*

BITS Volunteers

Back In The Saddle Kids BITS KIDS

*Equine Therapeutic Riding Program
for Disabled or Special Needs children
of Wounded Warriors*



**LET THE HEALING
BEGIN ... ®**

*"At Heartbeat, we provide emergency assistance,
morale building, and innovative therapeutic services
for wounded warriors and their families"*

www.heartbeatforwarriors.org



A 501c3 Non-Profit Organization



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A THERAPEUTIC PROGRAM TO IMPROVE MUSCLE STRENGTH, PSYCHOLOGICAL WELLBEING, MOTOR DEVELOPMENT, BALANCE AND COORDINATION TO AID IN ALLEVIATING PAIN AND ANXIETY. FACILITATES PROBLEM SOLVING, CONFIDENCE AND SELF-ESTEEM BUILDING.

BITS KIDS is Equine Therapeutic Riding

♥ Children 3-13 years of age

♥ Children up to 130 lbs



BITS KIDS works to :

Increase improvement in joint mobility, balance and coordination, relaxation of spasticity, increased muscle tone, self-confidence through enhanced self-image, improved learning, spatial awareness and motivation to set and achieve goals in a fun and patient, peaceful and relaxed atmosphere.

This program is facilitated by a PATH Instructor who is also a Level II Centered Riding Instructor and a CPC—Certified Peer Counselor for Mental Health Support, A Path Instructor in Training who is also a Certified Peer Counselor for Mental Health Support, A Health Care Specialist (Medically Ret Army) .

EQUINE THERAPEUTIC RIDING SCHEDULE

**ALL SESSIONS ARE CONDUCTED ON
TUESDAYS ON A PRIVATE RANCH IN
TUMWATER WA**

*Sessions are offered weekly on Tuesdays
0900-1300.*

*Each child has a 1 hour session
individually. Goals are discussed with the
child, parent, and our PATH Instructor to
determine that individual's plan.*



*Contact Janice Buckley
for questions and enrollment opportunities.*

**Janice Buckley Founder/President
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